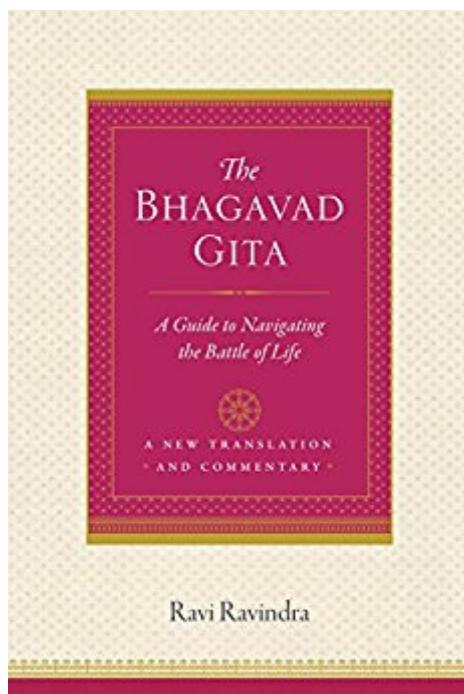


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The Bhagavad Gita: A Guide To Navigating The Battle Of Life



Synopsis

A new translation of the great classic--with wide-ranging, multi-traditional commentary that emphasizes its practical advice for living with integrity. "All there is is Krishna." Upon hearing this famous and enigmatic line from the Gita's seventh chapter when he was a boy, Ravi Ravindra embarked on a journey to understand its deep meaning. The search led him far beyond the tradition from which the text originally arose to an exploration of world mystical wisdom, including Zen, Christianity, Yoga, and particularly the teachings of J. Krishnamurti and G. I. Gurdjieff. Dr. Ravindra's fresh prose translation with wide-ranging commentary, is the fruit of that lifelong process. It stands out from the many other versions with its assertion that the Bhagavad Gita is at heart a universal guide to navigating the battle of life required of each and every one of us. It is through that navigation, he shows, that we can discover and connect with the Krishna deep within ourselves: The Eternal Witness who is above the battle, and who is, ultimately and joyfully, all there is.

Book Information

File Size: 5033 KB

Print Length: 321 pages

Publisher: Shambhala (May 16, 2017)

Publication Date: May 16, 2017

Sold by: Digital Services LLC

Language: English

ASIN: B01NBO5BCJ

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #440,419 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #46

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Customer Reviews

This is an excellent commentary on the Bhagavad Gita, written by a writer who writes clearly and beautifully. Ravi is an excellent teacher -- I've heard him speak and taken an online class from him and his knowledge of the Hindu scriptures is extensive. He also brings in commentary from other traditions where there are connections to the Hindu philosophy. To read the Bhagavad Gita literally as an ancient battle between family factions is one thing, but to read it as Ravi's sub-title say, "A Guide to Navigating the Battle of Life" lends a way to read this text with Wisdom eyes to help guide us over the rough spots. The themes of the Gita: Karma, Non-Attachment, Doing one's duty, learning to live in equanimity/even-mindedness, will benefit all who read and take to heart this beautiful text that influenced so many including Ralph Waldo Emerson, Henry David Thoreau, Aldous Huxley, Mohandas Ghandi, and even Robert Oppenheimer, who said this book was one of the most influential in shaping his philosophy of life.

I love Ravi Ravindra, from afar! His commentary on the Yoga Sutras is my favourite book, and now the Bhagavad Gita. Excited to dive deep into this book. It arrived in top condition and very quickly. Thanks .

There are several commentaries and translations, to this timeless teaching, the song of God. Ravindra, brings to the fore here, his professional knowledge as a professor of physics, comparative religion and his own personal search of over 5 decades, under varied masters, to make this teaching, relevant, current and practical. I personally always wanted to know, how I can use this message, delivered to Arjuna, by Krishna, a reincarnation of the almighty himself, to help decide his action, in the battlefield. While the message to Arjuna is clear, it is Ravindra's commentary, explaining the nuances of the teaching, that this now may be applied to anyone. We all have similar questions of what choice one makes, so that an action can take place, and how do I do it, with clarity and power, and not one coming from a hasty reaction, or one that would soon be filled with guilt and remorse....The message is divine and timeless.....but we do need a teacher in between until we can latch on the primal message, that starts to take root within us.... and Ravindra has done a splendid job....again. It is the accessibility and relevance that makes this a book, that i would keep referring back to.

Ravi Ravindra transmits these timeless teachings straight to your heart. This translation allows this spiritual classic to be relevant and present in our daily lives increasing the changes that Yoga might occur. A must read for all students of Yoga and seekers of the Truth.

This translation is wonderful and the commentary sublime. If you are truly interested in understanding this classic gem, Ravindra's book is a must-read. It is rich with insight into the sacred inner journey which gives life meaning and purpose.

Amazing translation and commentary. Every word is like gold. Thank you Dr. Ravinda. Most highly recommended.

I am very disappointed with this translation. The comments have no depth, and are just a repetition of what has already been said. My favorite is still Eknath Easwaran's translation.

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